

# FENSTADRUNDEN 2025


















📅 08.02.2025 NES SKI OG SYKKELANLEGG






Resultater - 30 km - Alle - Strekketider

🏆 #	Navn		Jøndalsvngen ut	Ihlandsvngen	Jøndalsvngen inn	Mål
1	105 <b>Mattis Sjøli</b> Konnerud IL	NOR	17:42 <b>1</b> 17:42 <b>1</b>	41:49 <b>1</b> 24:07 <b>2</b>	1:08:11 <b>1</b> 26:22 <b>1</b>	1:22:43 <b>1</b> 14:32 <b>1</b>
2	38 <b>Jonas AMUNDSEN</b> Nes Ski	NOR	18:17 <b>3</b> 18:17 <b>3</b>	43:12 <b>3</b> 24:55 <b>7</b>	1:11:35 <b>3</b> 28:23 <b>2</b>	1:26:48 <b>2</b> 15:13 <b>2</b>
3	99 <b>Ole Haldor Ensrud</b> Strindheim IL	NOR	17:45 <b>2</b> 17:45 <b>2</b>	41:49 <b>2</b> 24:04 <b>1</b>	1:10:59 <b>2</b> 29:10 <b>4</b>	1:26:49 <b>3</b> 15:50 <b>5</b>
4	36 <b>Henning Weaas</b> Nordre Eidsvoll IL	NOR	19:08 <b>4</b> 19:08 <b>4</b>	43:47 <b>5</b> 24:39 <b>3</b>	1:12:43 <b>4</b> 28:56 <b>3</b>	1:28:08 <b>4</b> 15:25 <b>3</b>
5	28 <b>Fredrik Røst Wehinger</b> Nes Ski	NOR	19:08 <b>5</b> 19:08 <b>4</b>	43:47 <b>4</b> 24:39 <b>3</b>	1:12:57 <b>5</b> 29:10 <b>4</b>	1:28:33 <b>5</b> 15:36 <b>4</b>
6	112 <b>Håkon Linner Tronsrud</b> Nord-Odal idrettslag	NOR	19:09 <b>7</b> 19:09 <b>7</b>	43:49 <b>7</b> 24:40 <b>5</b>	1:14:08 <b>6</b> 30:19 <b>7</b>	1:30:11 <b>6</b> 16:03 <b>9</b>
7	110 <b>Jakob Linner Tronsrud</b> Nord-Odal idrettslag	NOR	19:08 <b>6</b> 19:08 <b>4</b>	43:48 <b>6</b> 24:40 <b>5</b>	1:14:40 <b>7</b> 30:52 <b>8</b>	1:32:23 <b>7</b> 17:43 <b>25</b>
8	32 <b>Markus Olai Økern</b>	NOR	19:41 <b>8</b> 19:41 <b>8</b>	45:57 <b>8</b> 26:16 <b>15</b>	1:16:13 <b>8</b> 30:16 <b>6</b>	1:32:33 <b>8</b> 16:20 <b>12</b>
9	23 <b>Vegard Ambjørn Mortensen</b> Jessheim	NOR	20:21 <b>10</b> 20:21 <b>10</b>	46:19 <b>10</b> 25:58 <b>13</b>	1:17:39 <b>11</b> 31:20 <b>12</b>	1:33:32 <b>9</b> 15:53 <b>6</b>
10	104 <b>Raymond Lishaugen</b> Nord-Odal IL	NOR	20:38 <b>12</b> 20:38 <b>12</b>	46:25 <b>11</b> 25:47 <b>8</b>	1:17:38 <b>9</b> 31:13 <b>11</b>	1:33:32 <b>10</b> 15:54 <b>7</b>
11	25 <b>Henrik Engh Bratland</b> Nes Ski	NOR	20:40 <b>15</b> 20:40 <b>15</b>	46:27 <b>12</b> 25:47 <b>8</b>	1:17:39 <b>10</b> 31:12 <b>10</b>	1:33:33 <b>11</b> 15:54 <b>7</b>
12	33 <b>Henning Kårstad</b> Nes Ski	NOR	20:39 <b>13</b> 20:39 <b>13</b>	46:30 <b>15</b> 25:51 <b>12</b>	1:17:41 <b>12</b> 31:11 <b>9</b>	1:33:53 <b>12</b> 16:12 <b>11</b>
13	101 <b>Gustav Amundsen</b> Nes Ski	NOR	20:40 <b>16</b> 20:40 <b>15</b>	46:28 <b>13</b> 25:48 <b>10</b>	1:18:17 <b>14</b> 31:49 <b>15</b>	1:34:43 <b>13</b> 16:26 <b>14</b>
14	31 <b>Sindre Solbakken</b> Bjerke IL Ski	NOR	19:42 <b>9</b> 19:42 <b>9</b>	46:06 <b>9</b> 26:24 <b>16</b>	1:18:17 <b>15</b> 32:11 <b>16</b>	1:34:48 <b>14</b> 16:31 <b>15</b>
15	22 <b>Anders Hauger</b> Rælingen SK	NOR	20:39 <b>14</b> 20:39 <b>13</b>	46:28 <b>14</b> 25:49 <b>11</b>	1:18:13 <b>13</b> 31:45 <b>14</b>	1:35:26 <b>15</b> 17:13 <b>20</b>
16	34 <b>Anders Holm</b> Simostranda IL	NOR	20:26 <b>11</b> 20:26 <b>11</b>	47:19 <b>17</b> 26:53 <b>17</b>	1:20:26 <b>16</b> 33:07 <b>17</b>	1:37:36 <b>16</b> 17:10 <b>19</b>
17	16 <b>Aadne Bækken</b> Bjerke IL Ski	NOR	20:43 <b>18</b> 20:43 <b>17</b>	50:51 <b>28</b> 30:08 <b>32</b>	1:22:31 <b>18</b> 31:40 <b>13</b>	1:38:42 <b>17</b> 16:11 <b>10</b>
18	19 <b>Vegard Rynning Aasen</b> Eidsvold Værks Skiklub	NOR	21:23 <b>19</b> 21:23 <b>19</b>	48:57 <b>18</b> 27:34 <b>18</b>	1:22:26 <b>17</b> 33:29 <b>18</b>	1:38:49 <b>18</b> 16:23 <b>13</b>
19	39 <b>Daniel Hanstad</b> Jessheim	NOR	21:56 <b>21</b> 21:56 <b>21</b>	49:56 <b>21</b> 28:00 <b>21</b>	1:23:51 <b>19</b> 33:55 <b>19</b>	1:40:42 <b>19</b> 16:51 <b>16</b>
20	98 <b>Finn Terje Skyrud</b> Skiforeningen	NOR	21:57 <b>23</b> 21:57 <b>23</b>	49:54 <b>20</b> 27:57 <b>19</b>	1:24:02 <b>21</b> 34:08 <b>20</b>	1:41:42 <b>20</b> 17:40 <b>23</b>

21	114	<b>Tommy Røsten</b> Folldal IF	 NOR	22:03 <b>27</b> 22:03 <b>26</b>	50:27 <b>25</b> 28:24 <b>25</b>	1:25:14 <b>24</b> 34:47 <b>22</b>	1:42:21 <b>21</b> 17:07 <b>18</b>
22	46	<b>Johan Røkaas</b> Fossum IF	 NOR	21:55 <b>20</b> 21:55 <b>20</b>	50:29 <b>26</b> 28:34 <b>27</b>	1:25:31 <b>27</b> 35:02 <b>25</b>	1:42:37 <b>22</b> 17:06 <b>17</b>
23	26	<b>Casper Marcel Lyngholm Madsen</b> Nes Ski	 NOR	21:56 <b>22</b> 21:56 <b>21</b>	49:53 <b>19</b> 27:57 <b>19</b>	1:24:54 <b>22</b> 35:01 <b>23</b>	1:42:40 <b>23</b> 17:46 <b>26</b>
24	35	<b>Geir Arne Olstad</b> Rustad IL	 NOR	22:02 <b>25</b> 22:02 <b>25</b>	50:21 <b>23</b> 28:19 <b>23</b>	1:25:22 <b>25</b> 35:01 <b>23</b>	1:42:51 <b>24</b> 17:29 <b>21</b>
25	43	<b>Rune Engebråten</b> Halmsås og Omegn Skilag	 NOR	22:03 <b>26</b> 22:03 <b>26</b>	50:18 <b>22</b> 28:15 <b>22</b>	1:25:27 <b>26</b> 35:09 <b>26</b>	1:43:26 <b>25</b> 17:59 <b>28</b>
26	100	<b>Thomas Fjellheim</b> Nes Ski	 NOR	22:05 <b>29</b> 22:05 <b>29</b>	50:26 <b>24</b> 28:21 <b>24</b>	1:25:36 <b>28</b> 35:10 <b>27</b>	1:43:28 <b>26</b> 17:52 <b>27</b>
27	40	<b>Eskil Hognestad</b> Eidsvoll	 NOR	22:01 <b>24</b> 22:01 <b>24</b>	50:31 <b>27</b> 28:30 <b>26</b>	1:25:13 <b>23</b> 34:42 <b>21</b>	1:43:36 <b>27</b> 18:23 <b>30</b>
28	111	<b>Henrik Linner Tronsrud</b> Nord-Odal IL	 NOR	20:43 <b>17</b> 20:43 <b>17</b>	46:54 <b>16</b> 26:11 <b>14</b>	1:23:53 <b>20</b> 36:59 <b>31</b>	1:45:33 <b>28</b> 21:40 <b>45</b>
29	21	<b>Bendik Andreas Sagsveen</b> Jessheim	 NOR	23:32 <b>30</b> 23:32 <b>30</b>	52:44 <b>31</b> 29:12 <b>29</b>	1:28:33 <b>29</b> 35:49 <b>28</b>	1:46:11 <b>29</b> 17:38 <b>22</b>
30	24	<b>Pål Skogli</b> Hvam IL	 NOR	23:33 <b>31</b> 23:33 <b>31</b>	52:43 <b>30</b> 29:10 <b>28</b>	1:29:22 <b>30</b> 36:39 <b>29</b>	1:47:27 <b>30</b> 18:05 <b>29</b>
31	113	<b>Lars Ellevoid</b> Skiforeningen	 NOR	23:51 <b>32</b> 23:51 <b>32</b>	53:48 <b>32</b> 29:57 <b>31</b>	1:30:41 <b>32</b> 36:53 <b>30</b>	1:48:21 <b>31</b> 17:40 <b>23</b>
32	44	<b>Oskar Jørgensen Brenna</b> Nes Ski	 NOR	22:04 <b>28</b> 22:04 <b>28</b>	51:45 <b>29</b> 29:41 <b>30</b>	1:29:29 <b>31</b> 37:44 <b>33</b>	1:49:07 <b>32</b> 19:38 <b>39</b>
33	29	<b>Olaf Knai</b> Hurdal IL	 NOR	24:48 <b>38</b> 24:48 <b>38</b>	56:11 <b>36</b> 31:23 <b>35</b>	1:33:24 <b>34</b> 37:13 <b>32</b>	1:51:51 <b>33</b> 18:27 <b>31</b>
34	102	<b>Rune Holmen</b> Halmsås og Omegn Skilag	 NOR	24:17 <b>36</b> 24:17 <b>36</b>	54:49 <b>33</b> 30:32 <b>33</b>	1:33:04 <b>33</b> 38:15 <b>34</b>	1:52:38 <b>34</b> 19:34 <b>38</b>
35	117	<b>Mats Henriksen</b>	 NOR	24:48 <b>39</b> 24:48 <b>38</b>	56:12 <b>37</b> 31:24 <b>36</b>	1:35:27 <b>36</b> 39:15 <b>36</b>	1:54:17 <b>35</b> 18:50 <b>32</b>
36	106	<b>Tor Amundsen</b> Nes Ski	 NOR	23:59 <b>34</b> 23:59 <b>34</b>	55:41 <b>34</b> 31:42 <b>38</b>	1:35:29 <b>37</b> 39:48 <b>38</b>	1:54:41 <b>36</b> 19:12 <b>35</b>
37	107	<b>Trond Svindal</b> Fenstad SK	 NOR	24:47 <b>37</b> 24:47 <b>37</b>	56:11 <b>35</b> 31:24 <b>36</b>	1:35:22 <b>35</b> 39:11 <b>35</b>	1:54:54 <b>37</b> 19:32 <b>36</b>
38	17	<b>Kjell Gunnar Nyhaug</b> Eidsvold Værks Skiklub	 NOR	25:12 <b>41</b> 25:12 <b>41</b>	56:13 <b>38</b> 31:01 <b>34</b>	1:36:01 <b>38</b> 39:48 <b>38</b>	1:54:59 <b>38</b> 18:58 <b>33</b>
39	109	<b>Sigurd Lindquist Stein</b> Krigsskolen IL	 NOR	23:54 <b>33</b> 23:54 <b>33</b>	56:23 <b>39</b> 32:29 <b>39</b>	1:36:03 <b>39</b> 39:40 <b>37</b>	1:55:06 <b>39</b> 19:03 <b>34</b>
40	103	<b>Leif Dybvik</b> Fenstad SK	 NOR	25:22 <b>42</b> 25:22 <b>42</b>	58:36 <b>42</b> 33:14 <b>42</b>	1:39:19 <b>40</b> 40:43 <b>41</b>	1:59:10 <b>40</b> 19:51 <b>40</b>
41	37	<b>Martin Henrik Hay</b> Hosle	 NOR	25:09 <b>40</b> 25:09 <b>40</b>	57:58 <b>41</b> 32:49 <b>41</b>	1:39:53 <b>42</b> 41:55 <b>43</b>	1:59:26 <b>41</b> 19:33 <b>37</b>
42	18	<b>Tor Strand</b> Fenstad SK	 NOR	26:14 <b>45</b> 26:14 <b>45</b>	59:47 <b>45</b> 33:33 <b>44</b>	1:39:41 <b>41</b> 39:54 <b>40</b>	2:00:00 <b>42</b> 20:19 <b>41</b>
43	118	<b>Mathias Kristiansen</b> Nes Ski	 NOR	24:16 <b>35</b> 24:16 <b>35</b>	57:02 <b>40</b> 32:46 <b>40</b>	1:40:04 <b>43</b> 43:02 <b>46</b>	2:01:12 <b>43</b> 21:08 <b>44</b>
44	27	<b>Lars Halvor Stokstad Oserud</b> Borgen I L	 NOR	25:50 <b>44</b> 25:50 <b>44</b>	59:04 <b>43</b> 33:14 <b>42</b>	1:40:09 <b>44</b> 41:05 <b>42</b>	2:01:14 <b>44</b> 21:05 <b>42</b>

🏆	#	Navn		Jøndalsvngen ut	Ihlandsvngen	Jøndalsvngen inn	Mål
45	108	<b>Renate Salbu</b> Nes Ski	NOR	25:48 <b>43</b> 25:48 <b>43</b>	59:41 <b>44</b> 33:53 <b>45</b>	1:41:54 <b>45</b> 42:13 <b>45</b>	2:03:00 <b>45</b> 21:06 <b>43</b>
46	30	<b>Vebjørn Ekeli</b>	NOR	26:40 <b>46</b> 26:40 <b>46</b>	1:02:08 <b>46</b> 35:28 <b>46</b>	1:44:03 <b>46</b> 41:55 <b>43</b>	2:05:45 <b>46</b> 21:42 <b>46</b>
47	97	<b>Oddgeir Stensby</b> Halmsås og Omegn Skilag	NOR	27:59 <b>47</b> 27:59 <b>47</b>	1:03:41 <b>47</b> 35:42 <b>47</b>	1:50:02 <b>47</b> 46:21 <b>47</b>	2:12:24 <b>47</b> 22:22 <b>47</b>
48	20	<b>Bernhard Azinger</b> Jessheim	NOR	28:15 <b>48</b> 28:15 <b>48</b>	1:06:20 <b>48</b> 38:05 <b>49</b>	1:56:00 <b>48</b> 49:40 <b>48</b>	2:20:09 <b>48</b> 24:09 <b>48</b>
49	14	<b>Kari Lise Jørstad</b> Rye Sp.Kl.	NOR	30:50 <b>51</b> 30:50 <b>51</b>	1:08:16 <b>50</b> 37:26 <b>48</b>	1:58:00 <b>49</b> 49:44 <b>49</b>	2:22:21 <b>49</b> 24:21 <b>49</b>
50	47	<b>Sebastian Mørk Røkaas</b> Stovner IF	NOR	28:47 <b>49</b> 28:47 <b>49</b>	1:07:50 <b>49</b> 39:03 <b>50</b>	2:03:06 <b>50</b> 55:16 <b>50</b>	2:30:08 <b>50</b> 27:02 <b>51</b>
51	115	<b>Synnøve Lyssand Sandberg</b> Skanska Aktiv	NOR	30:49 <b>50</b> 30:49 <b>50</b>	1:12:28 <b>51</b> 41:39 <b>51</b>	2:07:53 <b>51</b> 55:25 <b>51</b>	2:34:15 <b>51</b> 26:22 <b>50</b>
52	116	<b>Rainer Henriksen</b> Lyn Ski	NOR	35:39 <b>53</b> 35:39 <b>53</b>	1:22:55 <b>53</b> 47:16 <b>52</b>	2:20:13 <b>53</b> 57:18 <b>53</b>	2:47:43 <b>52</b> 27:30 <b>52</b>
53	15	<b>Per Robert Sandberg</b> Nydalens SK	SWE	35:38 <b>52</b> 35:38 <b>52</b>	1:22:54 <b>52</b> 47:16 <b>52</b>	2:20:11 <b>52</b> 57:17 <b>52</b>	2:47:43 <b>53</b> 27:32 <b>53</b>
175		<b>Mateus Aagotsrud</b>	NOR	COMP	COMP	COMP	COMP
164		<b>Emil Aarhus</b> Fenstad SK	NOR	COMP	COMP	COMP	COMP
49		<b>Erik Aarhus</b> Fenstad SK	NOR	COMP	COMP	COMP	COMP
55		<b>Harald Aarhus</b> Fenstad SK	NOR	COMP	COMP	COMP	COMP
158		<b>Ragnhild Aass</b> Algarheim	NOR	COMP	COMP	COMP	COMP
176		<b>Inger Espevik</b> Jutul IL	NOR	COMP	COMP	COMP	COMP
168		<b>Hanne Frydenlund</b> Algarheim	NOR	COMP	COMP	COMP	COMP
57		<b>Per Ola Fuglu</b> Vormsund SK	NOR	COMP	COMP	COMP	COMP
41		<b>Bernt Arne Gaarud</b> Oslo	NOR	COMP	COMP	COMP	COMP
177		<b>Randi Glimstad</b> Jutul IL	NOR	COMP	COMP	COMP	COMP
174		<b>Toril Gylterud</b> Jutul IL	NOR	COMP	COMP	COMP	COMP
50		<b>Nils-Christian Halvorsrud</b> Mangenfjellet Turlag	NOR	COMP	COMP	COMP	COMP
182		<b>Kjersti Helgeland</b>	NOR				
166		<b>Kari Hesselberg</b> Jutul IL	NOR				
179		<b>Svein Ola Hope</b> Jutul IL	NOR				

🏆 #	Navn		Jøndalsvngen ut	Ihlandsvngen	Jøndalsvngen inn	Mål
170	<b>Ragnar Johnsen</b> Nes Sykkelklubb	 NOR	COMP	COMP	COMP	COMP
180	<b>Bente Jøndahl</b> Jutul IL	 NOR	COMP	COMP	COMP	COMP
172	<b>Harald Kolstad</b> Jutul IL	 NOR	COMP	COMP	COMP	COMP
183	<b>Inger Lise Kristiansen</b> Jutul IL	 NOR	COMP	COMP	COMP	COMP
159	<b>Kristoffer Lundby</b> Fenstad	 NOR	COMP	COMP	COMP	COMP
52	<b>Terje Martinsen</b> Fenstad SK	 NOR	COMP	COMP	COMP	COMP
178	<b>Håvard Myren</b> Hvam	 NOR	COMP	COMP	COMP	COMP
156	<b>Thor Kristian Nordhagen</b> Årnes	 NOR	COMP	COMP	COMP	COMP
163	<b>Odd-Ragnar Pettersen</b> Moss SK	 NOR	COMP	COMP	COMP	COMP
185	<b>Sverre Rimstad</b> Fenstad SK	 NOR	COMP	COMP	COMP	COMP
161	<b>Randi Rognstad</b> Oslo	 NOR	COMP	COMP	COMP	COMP
51	<b>Jørn Røkaas</b> Fossum IF	 NOR	COMP	COMP	COMP	COMP
162	<b>Kim Rosengreen</b> Nordkisa	 NOR	COMP	COMP	COMP	COMP
150	<b>Berit Skjerve</b> Jutul IL	 NOR	COMP	COMP	COMP	COMP
155	<b>Magnhild Hildeborg Sørnes Søbakk</b> Nes Ski	 NOR	COMP	COMP	COMP	COMP
153	<b>Olav Røthe Søbakk</b> Nes Ski	 NOR	COMP	COMP	COMP	COMP
169	<b>Solbjørg Sørensen</b> Jutul IL	 NOR	COMP	COMP	COMP	COMP
173	<b>Reidun Thorberg</b> Jutul IL	 NOR	COMP	COMP	COMP	COMP
171	<b>Svein Edon Tosterud</b>	 NOR	COMP	COMP	COMP	COMP
48	<b>Robert Trandum</b> Fenstad SK	 NOR	COMP	COMP	COMP	COMP
167	<b>Maarit Tyrjy</b> Algarheim	 NOR	COMP	COMP	COMP	COMP
181	<b>May Ulnæss</b> Jutul IL	 NOR	COMP	COMP	COMP	COMP
165	<b>Berit Valås</b> Algarheim	 NOR	COMP	COMP	COMP	COMP
54	<b>Amund Vandsemb</b> Nes Ski	 NOR	COMP	COMP	COMP	COMP

	#	Navn		Jøndalsvngen ut	Ihlandsvngen	Jøndalsvngen inn	Mål
	53	<b>Eva Aarhus Vandsemb</b> Nes Ski	 NOR	COMP	COMP	COMP	COMP
	184	<b>Gerd Løwe Vedvik</b> Jutul IL	 NOR	COMP	COMP	COMP	COMP
	45	<b>Oskar Flaen Fjellheim</b> Nes Ski	 NOR	DNS	DNS	DNS	DNS
	42	<b>Sander Lilleslett</b> MjøsSki	 NOR	DNS	DNS	DNS	DNS